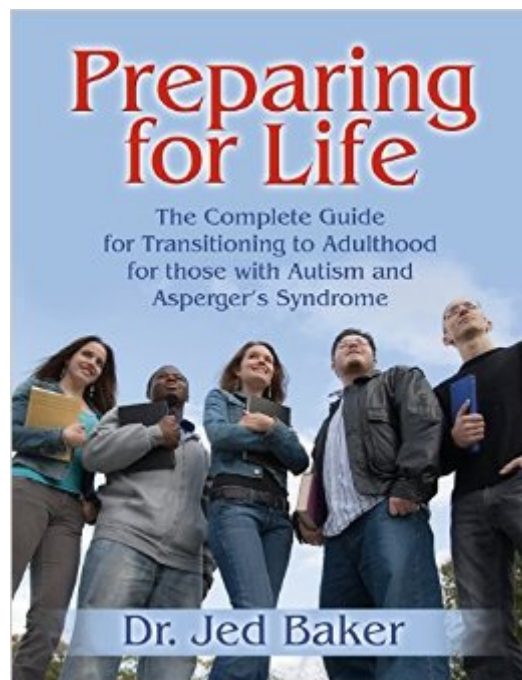


The book was found

# Preparing For Life: The Complete Guide For Transitioning To Adulthood For Those With Autism And Asperger's Syndrome



## Synopsis

Typically, ASD high school graduates are unprepared for the transition to independence. Early, ongoing training in the social skills crucial to establishing successful adult relationshipsâ”in college, vocational school, residential living, or on the jobâ”can help. He also guides readers through the legal, financial, educational, vocational, and community resources available after graduation. The essence of the book lies in the 73 âœSkill Lessonsâ• targeting: nonverbal communication empathy anger/anxiety management conversational skills employment-related skills â”which can be taught by parents, teachers, or professionals. This easy-to-follow resource offers a complete toolbox of social skills and the means to attain them. Helpful chapters include: Aspergerâ™s Syndrome, autism disorders, and the need for life skills training The transition process and the law College, Career and Residential Options Beyond High School: What parents can do to prepare their son or daughter (by Rick Blumberg, Ph.D.) Assessment of social skill needs Skill instruction strategies: Individual, small group, self-instruction Training peers to be more accepting of students on the spectrum Skill Lessons Â

## Book Information

Paperback: 357 pages

Publisher: Future Horizons; 1 edition (January 1, 2006)

Language: English

ISBN-10: 8170339448

ISBN-13: 978-8170339441

ASIN: 1932565337

Product Dimensions: 8.5 x 1 x 11 inches

Shipping Weight: 1.9 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (30 customer reviews)

Best Sellers Rank: #82,045 in Books (See Top 100 in Books) #66 inÂ Books > Parenting & Relationships > Family Relationships > Parent & Adult Child #93 inÂ Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome #280 inÂ Books > Parenting & Relationships > Special Needs

## Customer Reviews

If you work the guide, it works for you. But with so much going on, who has time to work through this guide on their own??\*It takes a lot of discipline to be self taught, so this may not be totally affective for those who are not fully dedicated to the exercises in this workbook.\*I do find the book Preparing

for Life helpful, particularly with my social anxiety due to Aspergers. Again I must say Preparing for Life is VERY useful, it's helped me identify my strengths and communicate them clearly to others. It has helped me prepare for job interviews, face-to-face interactions and telephone conversations. It has helped me to NOT be a creep in public, and has taught me how to monitor myself amongst other people. I can now hold down a job interacting with people, and maintain a stable relationship thanks to this book! But for other areas, the advice seems too general or limited, and it doesn't have the same effect as working with someone on my issues. In my opinion, this book is not comprehensive enough to help me make improvements in specific areas of my life like: memory, cognition, executive functions, coordination, emotional control/mood regulation, self esteem, anger management, anxiety attacks etc. I've found that the combination of this workbook, and the book [Download to continue reading...](#)

Preparing for Life: The Complete Guide for Transitioning to Adulthood for Those with Autism and Asperger's Syndrome  
Asperger's: The Asperger Syndrome Revealed! The Ultimate Information Book (Asperger Disorder, Asperger Syndrome, Aspergers, AS, AD, ASD)  
Asperger Syndrome Explained: How to Understand and Communicate When Someone You Love Has Asperger's Syndrome (Autism Spectrum Disorders, Aspergers Relationships)  
Could it be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism and Asperger's Syndrome in Adults  
Asperger's on the Job: Must-Have Advice for People with Asperger's or High Functioning Autism and their Employers, Educators, and Advocates  
Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD  
Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD  
Elijah's Cup: A Family's Journey into the Community and Culture of High-Functioning Autism and Asperger's Syndrome  
Parenting a Teen or Young Adult with Asperger Syndrome (Autism Spectrum Disorder): 325 Ideas, Insights, Tips and Strategies  
How to Teach Life Skills to Kids with Autism or Asperger's  
Different . . . Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's, and ADHD  
Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!: The One Stop Guide for Parents, Teachers and Other Professionals  
Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome  
Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence  
Different Minds: Gifted Children With Ad/Hd, Asperger Syndrome, and Other Learning Deficits  
Asperger Syndrome and the Elementary School Experience: Practical Solutions for Academic & Social Difficulties  
The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome  
Finding Kansas: Living and Decoding Asperger's

Syndrome Visual Supports for People with Autism: A Guide for Parents and Professionals (Topics in Autism) Those Who Leave and Those Who Stay: Neapolitan Novels, Book Three

[Dmca](#)